



Don's Photo

Let's talk photography.

WINNIPEG - 1839 MAIN STREET
1839 MAIN STREET
WINNIPEG, MANITOBA R2V 2A4
(204) 942-8335

WINNIPEG - 845 DAKOTA STREET
845 DAKOTA STREET
WINNIPEG, MANITOBA R2M 5M3
(204) 254-9075

WINNIPEG - 410 PORTAGE AVE. AT KENNEDY ST.
410 PORTAGE AVE.
WINNIPEG, MANITOBA R3C 0C7
(204) 942-3143

Dec 26th to Jan 3rd

@donsphotoltd     www.donsphoto.com

BOXING WEEK SALE

**9 CENT
SALE**
4x6 Prints
See stores for details





Don's Photo

Let's talk photography.

WINNIPEG - 1839 MAIN STREET
1839 MAIN STREET
WINNIPEG, MANITOBA R2V 2A4
(204) 942-8335

WINNIPEG - 845 DAKOTA STREET
845 DAKOTA STREET
WINNIPEG, MANITOBA R2M 5M3
(204) 254-9075

WINNIPEG - 410 PORTAGE AVE. AT KENNEDY ST.
410 PORTAGE AVE.
WINNIPEG, MANITOBA R3C 0C7
(204) 942-3143

@donsphotoltld



www.donsphoto.com Dec 26th to Jan 3rd

BOXING WEEK SALE

ZEISS CONQUEST HD WITH LOTU TEC FULL SIZE

8X42 T*



- Made in Germany
- High definition lens
- Clear visibility in any weather

SAVE \$300! Only \$949⁹⁹
SKU 524211 Reg. \$1249⁹⁹ Limit 2 per Store

10X42 T*



- Made in Germany
- High definition lens
- Clear visibility in any weather
- Wide field of view

SAVE \$300! Only \$999⁹⁹
SKU 524212 Reg. \$1299⁹⁹ Limit 2 per Store

MANFROTTO LUMIE LIGHT LED W/HOT SHOE MOUNT AND FILTERS

PLA 3-LIGHT LED ART 6-LIGHT LED



SAVE \$30!
Only \$44⁹⁹
SKU 71992 Reg. \$74⁹⁹
Limit 2 per Store

SAVE \$58!
Only \$69⁹⁹
SKU 71993 Reg. \$127⁹⁹
Limit 2 per Store

MANFROTTO LIGHT TRIPOD KIT BLACK WITH BALL HEAD



SAVE \$40! Only \$59⁹⁹
SKU 719821 Reg. \$99⁹⁹

SIGMA 70-200mm F2.8 EX DG OS

Available in Canon and Nikon



- Excellent for Action/Low-Light Shooting
- Fast & Quiet Hyper-Sonic Motor (HSM)

SAVE \$250! Only \$1349⁹⁹
SKU Canon 9547, Nikon 9954 Reg. \$1599⁹⁹

SIGMA ART 50MM F1.4 DG HSM

Available in Canon, Nikon and Sony



- Exceptional Image Quality
- Incredible focal point sharpness when wide open
- Pairs well with Pro-Level DSLR's

SAVE \$330! Only \$849⁹⁹
SKU Canon 31154, Nikon 31155, Sony 31162 Reg. \$1799⁹⁹

SANDISK EXTREME MICRO SDHC

CLASS 10 60MB/S 400X



16GB SAVE \$15! Only \$24⁹⁹
SKU 23222 Reg. \$39⁹⁹

32GB SAVE \$20! Only \$39⁹⁹
SKU 23284 Reg. \$59⁹⁹

64GB SAVE \$40! Only \$79⁹⁹
SKU 23345 Reg. \$119⁹⁹

SANDISK CRUZER GLIDE USB FLASH DRIVE



16GB SAVE \$12! Only \$12⁹⁹
SKU 5620 Reg. \$24⁹⁹

32GB SAVE \$16! Only \$23⁹⁹
SKU 5621 Reg. \$39⁹⁹

64GB SAVE \$30! Only \$44⁹⁹
SKU 5623 Reg. \$74⁹⁹

LENS2SCOPE ANGLE SCOPE ADAPTER

Available in Canon and Nikon



Turn your camera lens into a
Superb Spotting Scope

SAVE \$70! Only \$59⁹⁹
SKU Canon 22391, Nikon 22385 Reg. \$129⁹⁹

- Angled View
- Fold Down Rubber Eyecup
- Focus Using Lens
- 5-Element/3-Group Lens Configuration

OLYMPUS DS2400 VOICE RECORDER



- Voice activated variable control
- 32 Hours battery life
- Easy file management

SAVE \$260! Only \$99⁹⁹
SKU 142015 Reg. \$359⁹⁹ Limit 2 per Store

ZOOM HANDY VIDEO RECORDER Q3HD



- High quality sound
- 1080p at 30 fps, 720p at 30/60 fps
- Studio-quality condenser mics

SAVE \$160! Only \$199⁹⁹
SKU 5274 Reg. \$359⁹⁹ Limit 2 per Store

RODE VIDEO MICROPHONE WITH RYCOTE



SAVE \$130!
Only \$149⁹⁹
SKU 5175 Reg. \$199⁹⁹
Limit 2 per Store

***FREE!**
CAMCADDIE
SCORPION EX
SKU 96413 Reg. \$79⁹⁹

*Free with purchase of Rode Video mic

OPTEX PRINTSCAN1 SCANNER



Lets you make
high-quality digital
photos from your
old prints.

SAVE \$50! Only \$99⁹⁹
SKU 6354 Reg. \$149⁹⁹

CELESTRON ASTROMASTER 130 EQ

SAVE \$95!
Only \$199⁹⁹

SKU 310451 Reg. \$269⁹⁹
Limit 2 per Store

***FREE!**
CELESTRON
SKY/STAR CHART
SKU 93722 Reg. \$24⁹⁹

- Quick and easy no-tool setup
- Permanently mounted StarPointer
- Erect image optics - Ideal for terrestrial and astronomical use
- Rugged pre-assembled tripod with 1.25" steel tube legs - Provides a rigid and stable platform



*Free with purchase of Celestron telescope

ALL GARY FONG DIFFUSERS

40% OFF

BRNO LENS DRI CAPS

40% OFF

LOWEPRO BAGS UP TO

80% OFF

ALL LASTOLITE PRODUCTS

30% OFF

Some quantities may be limited and not available at all locations. While we make every effort to double check prices and descriptions some



CARSTAR Winnipeg Saskatchewan ... 204 837-2399
CARSTAR Winnipeg Fife 204 632-7712
CARSTAR Winnipeg Chevrier 204 475-7193
CARSTAR Winnipeg Henderson 204 338-1551
CARSTAR Stonewall 204 467-4329
*AIR MILES® reward miles not applicable on MPI claims.



Happy Holidays!

Wishing everyone a safe and happy holiday season.



204.775.8175 • herzing.ca/winnipeg

Winnipeg metro

To 🤪 or not to 🤪?
metroETIQUETTE

GIFT DELIVERY
I'll be drone for Christmas



metroNEWS

Your essential daily news | WEDNESDAY, DECEMBER 23, 2015

High -2°C/Low -10°C Snow showers



LIGHTS FOR HIS LOVE

metroNEWS



Transcona home almost left undecorated after wife's passing

CONTRIBUTED

Advocate says tickets 'not legal'

Lawyer points to lack of bylaw, parking signs



Braeden Jones
Metro | Winnipeg

The city may have issued more than 2,000 tickets over the recent residential parking ban, but the man who publicly disputed his ticket last winter is once again calling them into question.

"We've put (the city) on notice that in fact, they're not legal," said Todd Dube of WiseUpWinnipeg. After Dube's initial grievance for tickets issued on residential streets without proper signage during the 12-hour residential snow clearing, the city relented and announced it would only ticket drivers who failed to move

their cars while the ban was in effect from 11 p.m. to 6 a.m.

Dube had his lawyer take a look at tickets issued overnight, such as those 2,047 tickets issued since last Saturday evening.

A letter from Dube's lawyer Richard Zaparniuk to the city states "that it would be improper for the city to issue any tickets" during that time, "unless appropriate signage was posted."

"The only way the City can issue tickets to vehicles which are parked on a street between (11 p.m. and 6 a.m.) is if the city has actually passed a by-law which prohibits parking on a street during said hours," Zaparniuk wrote. "I have not been able to locate any such by-law."

Coun. Janice Lukes said she and her colleagues will be "receiving a briefing on a lot of the details from the legal department in the new year."

Got extra stuff over the holidays?

If you have more garbage than will fit in your cart you can phone 311 and request a special pickup. The fee is \$10.00 for a pickup of up to three standard-size garbage bags.

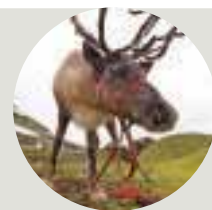
If you have more recycling than will fit in your cart you can take your items to any of the six recycling depots, open 24 hours every day.
For more information visit winnipeg.ca or call 311



Winnipeg's Recycling and Garbage Services



Reduce, reuse, recycle. Repeat.
For you, for our city.



IN BRIEF

RCMP say impaired driver hit traffic light pole, continued with it on hood

A man has been charged with impaired driving after a vehicle was found with a traffic light standard on its hood and windshield west of Winnipeg.

Manitoba RCMP spokesman Robert Cyrenne said the vehicle hit the light pole in Headingley, then dragged it for almost a kilometre before the vehicle broke down.

Cyrenne said it happened around 6 a.m. on Saturday. The man had double the amount of the legal limit of alcohol in his system, he said. Cyrenne said no one was injured and the minivan's transmission conked out and stopped the vehicle. **METRO**

Manitoba adds two more provincial parks

The Manitoba government is adding two more provincial parks and expanding existing parks.

The two new provincial parks are in the Interlake, located on the shores of Lake Winnipeg. Sturgeon Bay Provincial Park and Kinnow Provincial Park will include 14,500 hectares and 8,400 hectares of land, respectively.

Also included in the announcement is the expansion of Moose Lake Provincial Park and Pembina Valley Provincial Park — and the addition of six more ecological reserves.

The majority of the lands will remain open for licensed hunting. **METRO**



Rana Bokhari says the upcoming election is a great opportunity for the Liberal Party of Manitoba. **STEPHANIE TAYLOR/METRO**

Voters eye 'rebuilt' Liberal hopefuls

POLITICS

Liberal leader Bokhari says 2016 will be her party's year



Stephanie Taylor
Metro | Winnipeg

The stars may be aligning in Manitoba's political universe to bring good fortune to Liberal premier hopeful Rana Bokhari next April.

With several rounds of polls showing the Manitoba Liberals

a top pick among potential voters heading into 2016, the lawyer-turned-rookie politician recognizes her party is being seen as an alternative to what she calls a tired NDP government and disconnected Progressive Conservatives.

"There's a great opportunity," she said during a year-end interview.

"This is a party that has rebuilt. It is a new message. It's a new group of people. We're young, we're fresh, and we're vibrant. I think to ignore that aspect of it is somewhat silly."

With the candidates selected and policies mostly developed, Bokhari — who is also cam-



I'm just an everyday farm girl from Anola, Man., who wanted to make a difference in this province.

Liberal leader Rana Bokhari

paing for her own seat in Fort Rouge — said the main challenge is simply the battle for votes. The party currently does not have official status or a single seat in the legislature.

But those scratching their

heads at how a new Liberal government would pay for promises that include a yearly \$25 million sales tax rebate to municipalities and annual \$10 million toward the conversion of student loans to grants will be kept waiting a bit longer.

"Whenever our time is ready we'll absolutely happily do it," she said of releasing a costing plan.

Much like Premier Greg Selinger, Bokhari is okay with running more red in the province's books, but wouldn't say what strategy she has to tackle the province's growing deficit, which after Tuesday was pegged at \$485 million.

ELECTION

Province runs up deficit

Manitoba's NDP government will carry a bigger-than-expected deficit into the spring election campaign.

A budget update released Wednesday predicts the government will end the 2015-16 fiscal year with a deficit of \$485 million in its core operations — \$64 million higher than expected in last spring's budget.

The overall budget deficit, which includes Crown corporations and other public agencies, has increased to \$550 million from \$422 million. The yearly deficit figure has changed little since 2012, despite tax and fee increases.

"It's stubborn and it's not going in the right direction," said Finance Minister Greg Dewar.

The update shows Manitoba overspent on health care and family services in the first six months of the current fiscal year. Dewar said the government would rather run up a bigger deficit than deny people frontline care.

"Someone gets sick, they need to be treated. Someone breaks a leg, it needs to be mended."

Other factors include new collective agreements signed with doctors, nurses and other health professionals, and a busier-than-expected forest fire season, Dewar added.

The figures are bound to provide fodder for the opposition Progressive Conservatives, who have signalled that they will focus on fiscal management in the upcoming campaign.

THE CANADIAN PRESS

cityplace

GAMEDAY GIVEAWAY

WIN 2 TICKETS TO A HOME GAME
AT THE MTS CENTRE

THERE ARE 2 WAYS TO ENTER:

1. Receive a ballot for every \$10 spent at participating cityplace retailers, restaurants and food court vendors.
2. Follow us on Facebook for additional chances to enter.

 /cityplacewinnipeg

Enter your completed ballot in the ballot box located at the Donald Street entrance

Visit www.cityplacewinnipeg.com for complete rules and regulations. No purchase necessary.

GAMEDAY
GIVEAWAY

System failed baby: Judge

FIRST NATIONS

'Quality health care is the right of all Canadians'

A judge says an overloaded and outdated medical system — common in northern communities — failed a Manitoba girl who died two months after she was born.

Drianna Ross died of an infection in November 2011 because information was not passed on from a remote nursing station to a hospital in Thompson, ineffective drugs were given and “the seriousness of her condition was not recognized in a timely way,” Judge Don Slough wrote in an inquest report released Tuesday.

“There is no doubt that the provision of health care in the north is challenging,” he said in the report.

“The co-operation between (health) agencies, in collaboration with First Nations communities, must expand in its scope, with the goal of ensuring that residents of some of Manitoba’s most disadvantaged commun-



Drianna Ross died from a treatable infection, an inquest found. THE CANADIAN PRESS/CONTRIBUTED

ities have access to the quality health care that is the right of all Canadians.”

The inquest was told that Drianna was born healthy in Thompson General Hospital and returned with her parents to God’s Lake Narrows, a remote fly-in community of about 1,300 people.



The acceptance of MRSA as a fact of life ... cannot be tolerated.

Judge Don Slough

When she was two months old, her parents contacted the community’s nursing station repeatedly over three days about their daughter’s high fever.

There is a doctor in the community on weekdays, but the inquest was told the physician’s workload is very high, so Drianna

was treated by an inexperienced nurse who had not learned protocols for infants with high fever.

Eventually, the girl was flown to the Thompson hospital, diagnosed with pneumonia and placed on antibiotics.

But she died from a bacterial infection called methicillin-resistant staphylococcus aureus, or MRSA, a condition that would not be addressed by the antibiotics she was given.

Slough’s report says the nurse who took care of Drianna in Thompson was inexperienced, lacked specialized pediatric training and felt “overwhelmed” with his workload the night Drianna arrived.

The report points to problems Slough said are common in northern communities — overworked and inexperienced health-care professionals, outdated technology that forces doctors and nurses to rely on paper copies instead of electronic records, and an acceptance of MRSA and other infections as commonplace.

Manitoba Health Minister Sharon Blady said she will look at the report’s recommendations and make changes.

THE CANADIAN PRESS

IN BRIEF

Crash kills driver, 67

A man in Winnipeg has died after being struck by a dump truck.

Police say emergency crews responded to a crash in the area of Wellington Avenue and Century Street around 8:30 p.m. Tuesday.

They found a 67-year-old man in critical condition; he died in hospital.

Police said the man had been driving west on Wellington when he was hit by a dump truck northbound on Century.

No charges have been laid, and police continue to investigate. METRO

Roadside checks nab 17

The second week of Winnipeg Police’s festive season roadside checks led to 17 impaired driving arrests.

Police stopped 431 vehicles, administered 38 roadside breath tests, and issued eight warnings leading to a 72-hour licence suspension.

Nine arrests were for drinking and driving, one was for driving while impaired by drugs, and seven were for refusing to take a breath test. METRO

NEW

12 HOUR PAIN RELIEF*



*UP TO 12 HOURS
© Johnson & Johnson Inc. 2015
To be sure this product is right for you, always read and follow the label.



SAVE \$3.00

OFF THE PURCHASE OF MOTRIMAX™ 12 HOUR PRODUCTS



TO THE DEALER/RETAILER: McNeil Consumer Healthcare, division of Johnson & Johnson Inc. (McNeil) will reimburse you for the coupon’s face value plus our specified handling fee provided your customer redeems it at the time of purchase of any item(s) specified. Limit one coupon per purchase and per person, and may not be combined with any other offer. Other applications may constitute fraud. In Quebec, do not redeem this coupon for your customer. McNeil, in its sole discretion, may refuse reimbursement where it suspects fraudulent redemption has occurred or where applications for reimbursement are received more than one month from the expiry date indicated on the coupon. Failure to send in, on request, evidence that sufficient stock was purchased in the previous 90 days to cover coupons will void coupons. Coupons submitted become McNeil property. Reproduction of this coupon is expressly prohibited. For redemption, mail to: McNeil Consumer Healthcare, division of Johnson & Johnson Inc., P.O. Box 3000, Saint John, N.B. E2L 4L3.

NOT VALID FOR REDEMPTION IN ANY STORE OR PHARMACY IN QUEBEC.

TO THE CUSTOMER/CONSUMER: Provincial Law may require the retailer to charge the applicable tax on the full value of the purchase(s) before the redemption in coupon value. GST, HST, QST and PST are included in face value, where applicable. Coupon is void if reproduced or altered from original. Any other use constitutes fraud. Limit one coupon per purchase and per person, and may not be combined with any other offer. No facsimiles. Offer valid only at participating retailers in Canada excluding Quebec. Available while quantities last. COUPON EXPIRY DATE: December 31, 2015

© Johnson & Johnson Inc. 2015

Light show survives spouse

CHRISTMAS

Radio host offered to pay power bill to keep it going

Evan Matthews
For Metro | Winnipeg

Transcona has two daughters and the spur of social media to thank for continuing a beautiful Christmas decorating tradition.

Peter Kwiatek, 62, lost his wife Pam to cancer this past July. While he and Pam used to decorate their home with spectacular light display, he said he wasn't sure he'd continue.

"Pam and I had been doing this for 20 years," said Kwiatek. "After Halloween, I was cleaning up and saw the decorations. I thought deeply about it."

Kwiatek said morning-show host Shadoe Davis from 97.5 Big FM recently posted an old picture of the decorated house on social media.



Peter Kwiatek and his wife Pam decked their house out with a spectacular light display yearly.

HANDOUT

Then the snowball started rolling.

"My niece made a phone call to 97 and told them about the work we do on the house and that I wasn't going to do it."

Shadoe contacted Kwiatek and offered to pay for his hydro bill for the month of December.

Kwiatek said he would decorate the house along with

his two daughters and asked Shadoe to donate the bill's amount to Winnipeg Harvest instead. Shadoe agreed, even taking it a step further by offering to host a show and food

“Pam and I had been doing this for 20 years.”

Peter Kwiatek

drive at Kwiatek's home.

In past years, Kwiatek said the Transcona community has sent Christmas cards and gift cards thanking he and his wife for the display.

"Harvest was Pam's choice, (we talked about it) before she was diagnosed with cancer," said Kwiatek. "She picked Harvest because she felt there were more people out there who needed it."

So this year he says neighbours should donate to Harvest.

"This is a great example of the community spirit we encourage at Harvest," said Winnipeg Harvest spokesperson, Donald Benham. "We're so thankful and moved that Mr. Kwiatek, and Shadoe, would do this."

The show and food drive will take place at 503 Kildare Ave. on Wednesday from 5-7 p.m.

IN BRIEF

Top whisky sold out all over the province

Manitobans looking to get someone a bottle of the world's best whisky for Christmas are out of luck.



Northern Harvest Rye.

CHRIS LOEWEN/TWITTER

Crown Royal's Northern Harvest Rye has sold out at every location in the province.

Manitoba Liquor Marts' spokeswoman Karen Hiebert says they got a surprise shipment Monday and people were lined up at the doors Tuesday morning.

She says the liquor, which is made in Gimli, Man., sold out within minutes at some Winnipeg locations.

Hiebert says they won't be getting any more until January.

Jim Murray's "Whisky Bible" named the rye as the World Whisky of the Year for 2016.

THE CANADIAN PRESS

Today Only!

GIVE AND RECEIVE SURPRISE!

Buy a Portage Place Gift Card worth \$50 or more and get a free \$10 Gift Card on us!

MEET HERE. SHOP HERE.

PORTAGE PLACE

* Offer valid Wednesday, December 23rd. See customer service centre for details.



Before and after: Buddy is slim and trim after losing more than 100 pounds thanks to Hull's Haven Border Collie Rescue. CONTRIBUTED

PET CARE

Tubby pooch slims down plenty



Braeden Jones
Metro | Winnipeg

Weight loss is a common resolution this time of year, but Buddy the Australian Shepherd is heading into the new year as trim as he's been in a dog's age.

In March 2015, Buddy, 6, weighed 180 pounds and should only weigh about 65 pounds, according to one of his foster parents Angela Hand, a vet technician at Stonewall Veterinary Clinic.

"He was with an elderly couple (before) and food was love, he just got too much of it, and not enough exercise," Hand said of Buddy's life before he came to her through Hull's Haven Border Collie Rescue in Winnipeg.

"He could barely walk," she said.

She eventually helped Buddy work his way down to a much more svelte 71 pounds, with a special food, exercise and encouragement from his friends at the vet clinic.

It was slow going at first, but step by step Buddy made

progress.

That progress and his weekly weigh-ins were shared on "Buddy's 180 Story: A New Leash on Life," a popular Facebook page where supporters cheered him on.

In November, Buddy underwent a skin removal surgery, and "now he's fully recovered and fully ready to go to a new home," Hand said.

Buddy, just over 6 years-old, is "high energy," and will need to stay on a healthy diet and exercise routine, but is also "easy going" and "happy to hang out on the couch."

WEATHER

Cities to get green holiday

Half of all Canadians will see a white Christmas this year, in what The Weather Network's chief meteorologist is calling "a tale of two seasons."

While most of Canada's land-mass will be blanketed in the requisite two centimetres of snow to reach white Christmas status, "you can pretty much divide the population right down the middle," Chris Scott said, explaining that most of Canada's major cities will be green on Christmas Day.

Scott said that southern Ontario straight through to Atlantic Canada will be snow-free, and some areas can even expect rain on Christmas Eve.

But from northern Ontario to British Columbia, it's a different story, he said. In those regions — excluding Vancouver and Victoria — the ground will be snowy.

But, he said, there shouldn't be any "big-ticket storms" on Christmas Day.

THE CANADIAN PRESS



Drone enthusiast McKinley Raham lost his drone in a Toronto park, but was reunited with it after he made lost-pet-style posters. Transport Canada wants to make sure new pilots know the rules and risks around operating the machines. TODD KOROL/TORSTAR NEWS SERVICE

Gifting drones has regulators nervous

TRANSPORTATION

UAVs a risk to manned aircraft, says director

A new toy under the tree this year is making Transport Canada nervous.

On Christmas morning, it's expected thousands of drones will be unwrapped and take to the skies in test flights across the country, all piloted by newbie aviators.

With the "exponential"

growth of the drone industry, the federal regulator wants to make sure the new pilots — and they are indeed pilots — know the rules and risks around operating their new machines.

"Our real concern given the growth in this industry is around the risk to aircraft in the air and to people on the ground," said Aaron McCrorie, Transport Canada's director general of civil aviation.

McCrorie said few recreational drone operators have any training. "Ignorance is perhaps our biggest challenge. People don't know what it means to operate safely," he said.

The caution comes at the end of a year when commercial pilots have reported a growing number of worrisome encounters with drones, also known as unmanned aerial vehicles (UAVs).

At times, they are just a nuisance. In November, a "concerned citizen" in Cambridge reported a drone flying low overhead. "The drone was flying just below the street lights and over people's heads and very close to residences," according to a preliminary

Transport Canada report.

Transport Canada has launched an awareness campaign to promote the safe operation of drones.

New rules would establish required training and age restrictions, depending on the type of drone and where it would be flown. For example, the rules don't allow drone flights within nine kilometres of an airport. TORSTAR NEWS SERVICE



Close calls with drones

1 May

An Air Canada jet at Toronto's Pearson International Airport deviated from its flight path to avoid a UAV flying directly in the busy departure route.

2 July

The pilots of a Jazz Airlines Dash 8 turboprop reported a near miss with a drone during their arrival at Edmonton International Airport. The crew initially thought it was another aircraft but as it passed below and to the left, the captain identified it as a UAV travelling in the opposite direction.

3 August

Water bombers fighting a forest fire in B.C. were grounded for several hours after a drone was spotted in the area. Afterward, the B.C. government said it would consider changing its Wildfire Act to possibly punish irresponsible drone operators.

IN BRIEF

ISIL building its own app

Defence contractors and security groups are warning that the Islamic State of Iraq and the Levant is developing its own smartphone app.

Canada's top military commander, Gen. Jon Vance, says the app doesn't represent some great technical achievement but is a concern as a tool for radicalization. THE CANADIAN PRESS

CANNABIS

Canadians hoping for pardon

Marcus Richardson is, in the eyes of the law, a criminal.

Never mind that a judge ruled the six kilograms of cannabis police found in his car was for severely ill patients at a medical marijuana dispensary.

He's a criminal — and so are scores of other Canadians who face barriers to travel and work because they were caught with a drug that the government now intends to legalize.

"My charge wasn't like, 'He was practising civil disobedience at a place that was helping sick and dying people improve

the quality of their last days on earth,'" Richardson said.

"If the charge read like that, I'd have no problem with it. It reads like, 'I'm a marijuana trafficker.'"

Canadians with criminal records for marijuana crimes are eagerly waiting to see if Prime Minister Justin Trudeau will offer pardons when pot is legalized. Tens of thousands are charged with possession every year, and if convicted face consequences that can be devastating.

Richardson was driving across Vancouver's Lions Gate Bridge

in 1998 when police stopped him at a roadblock and found several kilograms of marijuana and \$6,000 in his trunk.

A judge found the drugs were intended only for B.C. Compassion Club Society members. But he was convicted of possession for the purpose of trafficking and received a suspended sentence and six months' probation.

Today, the 42-year-old father of three holds a federal licence to grow and possess marijuana and runs a business selling equipment for medical cannabis users.

THE CANADIAN PRESS

HOME OF THE WATCH DOCTORS

Stewart's Horology

Quality Restorations and Repairs to All Fine Timepieces and Jewellery

Fall Clearout

All watches on sale!

Come down and see us or give us a call for more details

Winnipeg Concourse (Beside the escalators) • 204.942.1955 • stewbnz1@mymts.net
2741 Portage Ave • 204.789.9620 • stewartshorology.ca

IN BRIEF

Students killed in shell attack on Syrian school

The Syrian government and an opposition monitoring group say at least nine students have been killed and several wounded by a mortar shell that slammed into their school in the northeastern city of Deir el-Zour.

Syrian TV says the shell that hit the Harabesh elementary school for girls in a government-held part of the city on Tuesday was fired by "terrorists" — the term the government uses for all armed groups fighting against its forces.

THE ASSOCIATED PRESS

U.K. sends advisers to Afghan district under siege

Fierce battles were underway Tuesday between Afghan forces and the Taliban in southern Helmand province, where the insurgents have almost completely captured a strategic district as Britain deployed military advisers to the restive area.

A British Ministry of Defence statement late Monday said that "a small number of U.K. personnel" have been deployed to Helmand.

THE ASSOCIATED PRESS

REINDEER

The science behind Rudolph's nose

Everyone knows Rudolph has a red nose but what about his eyes?

Prompted by questions from his four-year-old daughter, anthropology professor Nathaniel Dominy of Dartmouth College in Hanover, N.H., recently wrote a scholarly paper on how the unique properties of reindeer eyes might explain the advantage of having a very shiny nose, particularly if it produces red light.

Dominy was already familiar with recent research on reindeer eyes. Scientists in Great Britain have discovered that unlike most mammals, reindeer can see ultraviolet light, meaning white polar bears or wolves that absorb UV light would stand out more against a snowy background.

Reindeer eyes also include reflective tissue that appears to glow when light hits it. In reindeer, the tissue changes from a golden colour during the sum-

mer to a deep blue in winter.

"What happens is that at night, the animals are trying to dilate their pupils to allow as much light into the eye as possible, and because those muscles are so active, it actually blocks little valves in the eye," Dominy explained. "The pressure in the eye builds up and compresses that tissue in the back of the eye, which causes the refractive properties to change."

While that change could boost an animal's ability to spot food in the snow when daylight in the Arctic is dim and purplish, it would be a distinct disadvantage on a foggy Christmas Eve because fog blocks blue light, Dominy said.

Enter the red nose. Of all the colours, red light travels through fog fastest, making it ideal for guiding Santa's sleigh.

THE ASSOCIATED PRESS



A reindeer grazes at the California Academy of Sciences in San Francisco.

THE ASSOCIATED PRESS FILE



Migrants arrive on the Greek island of Lesbos on Nov. 2 after crossing the Aegean Sea from Turkey's coast. THE ASSOCIATED PRESS

Over 1M migrated to Europe in 2015

REFUGEE CRISIS

The majority travelled by sea, say experts

More than a million people — driven out of their countries by war, poverty and persecution — entered Europe in this record-breaking year, migration experts said Tuesday, a symbolic milestone capping a mass movement of people that has challenged the concept of European unity.

With just days left in 2015, the Geneva-based International Organization for Migration said 1,005,504 people had entered Europe as of Monday, more than

four times as many as last year. Almost all came by sea, while 3,692 others drowned trying to make the crossing.

IOM director-general William Lacy Swing urged European governments to make migration safer.

"We know migration is inevitable. It's necessary and it's desirable," he said, adding: "Migration must be legal, safe and secure for all — both for the migrants themselves and the countries that will become their new home."

The IOM compiles the num-

50%

About half of the people entering Europe were Syrians, while 20 per cent were Afghans and 7 per cent Iraqis, IOM said.

bers from government records in Greece, Italy, Bulgaria, Spain, Malta and Cyprus, spokesman Joel Millman said. He noted that the real number of people entering Europe may be even larger, because authorities are struggling to track all arrivals given the sheer volume.

Most people entered Europe via Greece, which took in 820,000 people this year, nearly all of them crossing from Turkey by boat across the Aegean Sea.

THE ASSOCIATED PRESS

A BETTER world IS YOURS TO GIVE

START A NEW TRADITION AT WE.ORG

WE.ORG

WE FREE THE CHILDREN

ME TO WE

WE DAY

DEEPER LIFE NATIONAL DECEMBER RETREAT

25-27 DEC. 2015

READINESS for CHRIST'S COMING

Venue: 709 St. Mary's Road, Winnipeg, MB R2M 3M8

Time: 9am daily.

Free Registration and Feeding! Preparing you for the coming of the Lord! Don't miss it.

WE KUMUYI General Superintendent (via free translation)

354-696-9900 1-888-710-1513 www.deeperlifecanada.com

Cover your cough
Research shows this year's MERS virus outbreak in South Korea was due largely to "superspreaders" — social butterflies who infected up to 80 other people.

URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION I say it's OK to use emoticons in emails. My mom says no way. What do you say? — :)

Dear Ellen,
I say it's OK to use emoticons in emails. My mom says no way. What do you say?

:), Vancouver
Dear :),

If you're sending an invitation to a karaoke birthday party, the more emoticons/emoji the better. But if you're submitting a résumé or student application, best to avoid them. Then again, if the place you're applying to is clown school, then yes, go emoticon go.

As with many matters of etiquette, it depends.

Personally, I have no problem with emoticons in emails, which (unlike image-based emoji) are made with letters and symbols and can be fun and creative. ^_^

In fact, I wish I'd learned to use :D and ;) and :) and :P years ago when email was new and people were forging the proper approach to on-line etiquette.

For famously rude old-school journalists, the cursory way we dealt with each other in person and on paper only got worse with electronic communication. Though fussy about spelling and punctuation in published articles, our emails were and still are sharp, direct and barely literate, because, you know, our time is so damn valuable. (Also, no one is paying us by the word in an email.)

For my non-journo friends, however, this "quick, efficient" approach

An emoticon is most definitely recommended ... if there's any risk of misunderstanding.

was often perceived as "curt, rude and offensive." I've now learned that when a tight deadline or a long meeting does not permit sending a proper email, I can at least take the time to add a friendly smile or cheerful exclamation point to a one-word message in order to signal goodwill until I have more time to write or call.

An emoticon is most definitely recommended if you can't resist jocularity and there's any risk of misunderstanding. The difference between "Thanks a lot, hate you too" and "Thanks a lot, hate you too ;P" is vast.

As for more elaborate emoticons, I usually steer clear. For one thing, they

take too much shift-hunting and option-pecking on the keyboard. For another, they can be misconstrued. When you write, "Yes I did see the vicious reviews of my work on Twitter" and then add +_+ it's not really clear if the emoticon means "No comment" or "I am so freaked out, I got wasted and now I'm in a coma."

Finally, a word about image-based emoji. They're sometimes annoyingly inevitable, as when programs automatically translate your :) emoticon into a trademark happy face. And Google's decision to replace Gmail's retro emoji with grotesque yellow blobs is bewildering. But even those inelegant

shapes can amuse when you're stuck on the bus, idly composing inane messages to close friends or small children.

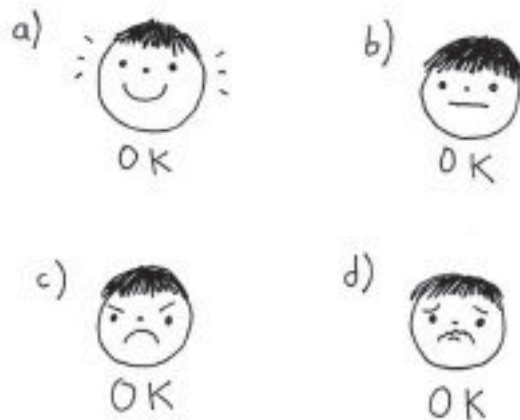
In short, dear :) in Vancouver, when it comes to using emoticons or emoji in emails or elsewhere, use common sense, err on the side of respectful restraint and never, ever use them with your mom.

Happy holidays!



Need advice?
Email Ellen:
scene@metronews.ca

When you texted OK
what you meant was:



Next time, please be more specific.
That's what emoticons are for.

mianig@ca

metroview

Here's how to stop Canada Post's slow-motion death march

R. Michael Warren



"We will stop Stephen Harper's plan to end door-to-door mail delivery in Canada and undertake a new review of Canada Post, to make sure it provides high-quality service at reasonable prices to Canadians, no matter where they live."

Of the hundreds of election promises made by Justin Trudeau, this one ranks among the most naive.

Ending home delivery for the one-third of Canadians who still receive it saves Canada Post more than \$200 million a year. It's a key part of its \$700-million Five Point Action Plan to make the corporation profitable.

The Liberals' "fully costed" campaign platform doesn't mention compensating Canada Post. It's as if the corporation can somehow lose \$200 million in savings and not slide back into operating losses — covered by taxpayer subsidies.

The "new review" of Canada Post implies there is a silver bullet that will allow it to deliver fewer letters to a growing number of addresses at a reasonable price.

The Harper government allowed Canada Post to struggle for years with a "Transformation Plan" that failed to deliver the promised financial and service results.

It hired Moya Greene, an executive with privatization experience, to head up Canada Post in 2005. She proposed a gradual privatization. The corporation was profitable, debt free, worth about

\$1.5 billion and had a fully funded pension plan.

Harper failed to act when the conditions were most favourable. By 2013, Canada Post was bankrupt. Its pension plan was underfunded by \$6.5 billion. (All these financial obligations are guaranteed by Canadian taxpayers.)

The Harper government said if Canada Post would implement the tough five-point plan, it would receive four years of relief from making up its pension deficit. This delays but doesn't reduce the obligation.

The plan relies on rate increases and savings from removing home delivery. With pension obligations temporarily lifted, it produced a short-term profit last year. But by the middle of this year, it was again facing losses.

So Canada Post may soon be looking to the government for subsidies to continue letter mail service, something Trudeau neglected to mention. Meanwhile, its pension deficit swelled to \$6.8 billion.

Cheaper competitors can make money on all but remote rural routes. It's cheaper to pay them for this than to support Canada Post's monopoly. Canada Post should sell its 90 per cent, \$1.5-\$2-billion stake in Purolator and be privatized, with the proceeds going to its debt and pension shortfall.

Trudeau should end Canada Post's death spiral with real changes that should have been implemented years ago.

R. Michael Warren is a former corporate director, Ontario deputy minister, TTC chief general manager and Canada Post CEO.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER
METRO WESTERN CANADA
Steve Shroat

MANAGING EDITOR WINNIPEG
Elisha Dacey

ADVERTISER INQUIRIES
adinfo@winipeg@metronews.ca
General phone 204-943-9300

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

HE LISTENS WELL
WHO TAKES NOTES.

DIANTE

Philosopher cat now at
www.mymetrostore.ca

Download mayhem
Kim Kardashian's Kimoji app broke the Apple App Store, crashing it with 9,000 downloads per millisecond



Savoury pies a winter delight

NEW COOKBOOK

This book of 100 recipes will warm your belly all season

Members of Team Pie will love Dinner Pies — a 100-recipe book devoted to savoury pies to get them through the winter.

Focusing on hearty meat- and root-vegetable-based pies presented as a full meal, Dinner Pies' (\$36) first chapters are a primer of essential tools and ingredients for pie crusts, tips on rolling out the dough, and a dozen recipes for the crusts used throughout the book (sorry, no vegan options).

From there, about 100 recipes for savoury pot pies, hand pies, turnovers tarts, quiches, galettes, and cobblers fill the 269-page book. Classic pies — sausage and Guinness, Shepherd's pie and asparagus and goat cheese quiche are covered along with some more, ahem, American entries like Fritos chili pot pie, Tex Mex chicken tortilla pie and taco pot pie. You'll have to look at the author's previous books for the sweet pies.

Ken Haedrich is the man behind The Pie Academy website (thepieacademy.com), an online recipe hub and shop for all things pie-related. He's also written half a dozen other cookbooks centred

on American comfort food (he is from North Carolina, after all).

The Curried Chicken is Haedrich's "favourite chicken pot pie recipe."

Curried Chicken Pot Pie

There's enough filling here to make three or four individually sized pies. Cover extra filling with aluminum foil and store in fridge for an easily reheated dinner. The curry adds aromatics but not much heat, so if you want it spicy, add 1 tsp cayenne.

Ingredients

- 3 boneless, skinless chicken breasts
- 1/4 cup (1/2 stick) unsalted butter
- 1 cup finely chopped white onion
- 1 1/2 cup peeled and finely diced carrot
- 1 cup finely diced red bell pepper
- 1/4 cup all-purpose flour
- 2 tbsp mild curry powder
- 1 3/4 cups no-salt added chicken broth
- 1 1/4 cups whole milk or half-and-half
- 1 cup canned chickpeas, drained and rinsed
- 1 cup frozen peas
- 1/3 cup canned pumpkin puree (not pumpkin pie filling)
- 1/2 tsp table salt
- 1/4 tsp black pepper
- 1 large egg beaten with 1 Tbsp whole milk or half-and-half (to brush on top of pie crust)

Directions

Bring a medium-sized pot of water to a rapid boil over medium-high heat. Add chicken breasts and cook until no longer pink in middle, about 10 minutes. Remove from heat. Let cool to room temperature and dice into small cubes. Set aside.

Melt butter in a large pot over medium heat. Add the onion, carrot and pepper. Cook until vegetables soften, 10 minutes.

Add flour and curry powder. Stir, 1 minute. Add chicken broth slowly, stirring frequently to dissolve curry powder and flour. When broth thickens, add milk. Continue to cook at a slow simmer another 3 minutes, stirring frequently to prevent burning.

Stir in chicken, chickpeas, peas and pumpkin puree. Add salt and pepper. Taste. Adjust seasoning as needed. Continue cooking until the liquid in the pot becomes a thick gravy.

If making more than one pot pie, divide the filling into oven-safe ramekins or small pans that can each hold about 1 to 1 1/4 cups of filling. Make sure to leave a bit of room for the pie crust on top. Set aside.

Divide the pie dough ball into the number of pie pans you are using. On a lightly floured surface, roll out each dough ball



This curried chicken pot pie is The Pie Academy's Ken Haedrich's favourite chicken pot pie recipe. CONTRIBUTED

with a lightly floured rolling pin until the dough is slightly bigger than the diameter of the pie pan. Drape the flattened dough over the top of the pan, pressing any extra dough on to the side of the pan to seal the pie. Using a fork or a knife, poke two or three

holes in the centre of the crust. Repeat for the other pies.

Lightly brush the dough with the egg mixture.

Place the pot pies on an unlined baking sheet in the oven. Bake at

375 F for 35 to 45 minutes, until crust is golden-brown and filling is bubbling hot. Place on a cooling rack for at least 15 minutes before serving.

Makes 4 servings.
TORSTAR NEWS SERVICE

IN STORE & ONLINE
TODAY ONLY
SWEATERS

40% OFF

*Discount applied to the original ticket price. Select items only. Some exceptions may apply.



URBAN
PLANET

www.urban-planet.com

Find a store near you online.

SEASON RECAP

Fargo series took on a life of its own

Fargo's second season is over, but many of us remain mesmerized by it, as if we were flat on our backs staring up at a UFO.

In the midst of the TV industry's creative and cultural peak, the Calgary-produced show slipped onto the scene and quietly, steadily propelled itself up critics' best-of lists.

The first season of creator Noah Hawley's anthology for FX was tremendous in its own right — it effortlessly shrugged off any expectations viewers had in connection with Joel and Ethan Coen's iconic 1996 film — but Fargo's second season is even better.

Fargo succeeded by using snippets of multiple dramatic constructs to assemble a first-rate, postmodern pastiche that felt familiar and fresh all at once.

In Season 1, Hawley wove elements of the Fargo movie into his plot, paying homage to the Coen Bros.' genius at nearly every turn.

To help give the TV version of Fargo a life of its own, Hawley created unforgettable stand-alone roles in Season 2 with no connection to the tale that preceded it.

Each had a crucial place in the plot's house of cards; never did you get the sense (as you did in True Detective's second season) that scenes had to be divided equally among the major stars. Instead, you can't imagine Season 2 of Fargo without any of them.

The end result of Hawley's brilliant splicing process intentionally blurred the lines between the movie and the first two seasons — a third season is scheduled for the spring of 2017 — and between objective and subjective reality.

TORSTAR NEWS SERVICE



Kirsten Dunst in Fargo.
HANDOUT

JOHANNA SCHNELLER WHAT I'M WATCHING

Show exposes incompetence

THE SHOW: Making a Murderer, Episode Four (Netflix)

Brendan Dassey, a 16-year-old boy with an IQ of 75, phones his mother from prison in Manitowoc County, Wisc. He's just confessed that he and his uncle, Steven Avery, raped and murdered photographer Teresa Hallbach.

"I didn't do it, though," he tells his mother (Avery's sister). "But why did you say it if you didn't do it?" she cries, audibly panicked. "I guessed," Brendan says. "Like I guess at my homework."

You might want to watch this true-crime series behind closed doors, because I guarantee you will be yelling at your screen. It follows Avery's case over a ten-year period. The gross incompetence it exposes — of the police, lawyers, and judges — is breathtaking, and the degree to which they manipulate people and facts is deeply troubling.

Making a Murderer feeds the appetite for true crime stories evinced by the huge successes of the podcast Serial and HBO's miniseries The Jinx: The Lives and Deaths of Robert Durst.

If the first season of the former was about race in America

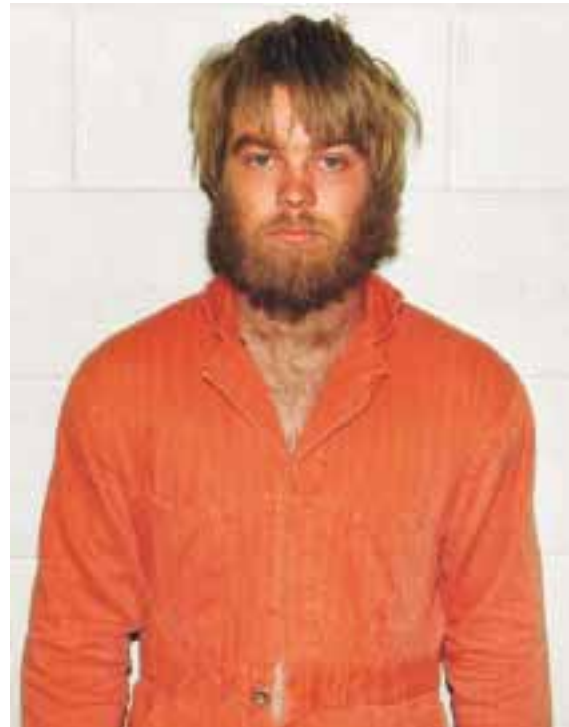
“

You might want to watch this true-crime series behind closed doors, because I guarantee you will be yelling at your screen.

(the second season just started), and the latter about money, Making a Murderer is about class. Avery's family owns an auto salvage business (much of the voiceover is accompanied by shots of rusting cars). They're undereducated (his mother calls newsmagazine shows, "Them things that's on TV always"). His girlfriend is in and out of prison for drunk driving. Seeing what easy targets they are will make you queasy.

"Poor people lose," Avery sums up. "They lose all the time."

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Making a Murderer is a show that is ultimately about class.
CONTRIBUTED

Career Services to help with your next step.

Whether you are a first-time job seeker or an experienced individual making a career change, our Career Services team is here to help you prepare for the job search process.

ROBERTSON COLLEGE Get started now! 204.926.8389 | robertsoncollege.com

"BRILLIANT. A HILARIOUS TIME AT THE MOVIES."
PETER TRAVERS, ROLLING STONE

CHRISTIAN BALE
STEVE CARELL
RYAN GOSLING
BRAD PITT

AN ADAM MCKAY FILM
THE BIG SHORT
THIS IS A TRUE STORY

FROM THE AUTHOR OF 'MONEYBALL' AND 'THE BLIND SIDE'

PARAMOUNT PICTURES AND REGENCY ENTERPRISES PRESENT A PLAN B ENTERTAINMENT PRODUCTION AN ADAM MCKAY FILM CHRISTIAN BALE STEVE CARELL RYAN GOSLING BRAD PITT "THE BIG SHORT" MUSIC BY NICHOLAS BRYTELL PRODUCED BY BRAD PITT, REDE GARONER, JEREMY KLEINER, ARNON MILCHAN BASED UPON THE BOOK BY MICHAEL LEWIS SCREENPLAY BY CHARLES RANDOLPH AND ADAM MCKAY DIRECTED BY ADAM MCKAY

REGENCY PLAN B 14+ COARSE LANGUAGE

TheBigShortMovie.com

STARTS TODAY! Check theatre directories for locations and showtimes



It ain't heavy, it's the Tahoe



REVIEW

Quick steering response makes Chevy SUV feel much smaller

Jill McIntosh
For Metro Canada



Between gas prices, congestion and parking woes, full-size SUVs don't have the cachet they once did. But there's still a place for them, and so GM has completely redesigned its Chevrolet Tahoe and Suburban.

The two are essentially the same, but the Suburban rides on a longer wheelbase, with more legroom and cargo space. The 2015 models got the update, while the 2016 versions are unchanged except for some trim items.

I drove the Tahoe. Like the Suburban, it uses a 5.3-litre V8 as before, but this is a new version that, at 355 horsepower, is more powerful than the 320-horse version it replaces. It comes in two- or four-wheel drive, and when properly equipped, it can tow up to 3,856 kg (8,500 lbs), an important factor in a vehicle that many people buy in place

of a truck.

For all its bulk, and it is big, the Tahoe doesn't feel heavy. Much of that has to do with its quick steering response, which makes it feel like you're piloting something much smaller. The cabin is extremely quiet, and the strong engine accelerates swiftly and smoothly when power is needed. Its fuel economy will seem high if you're accustomed to a smaller crossover, but its published figures are the best of its competitors.

The interior is handsome, and the first- and second-row seats are comfortable, but the third row is another story. Perched above the rear axle, these flat-cushioned chairs are close to the floor and leave you sitting with your chin on your knees. Unless you have small children, or friends desperate for a ride, you'll probably keep them folded down to give you more cargo space.

Available in three trim lines, the Tahoe also offers a number of option packages that add some nice features but also can get pricey. My mid-range LT trim was optioned to more than \$68,400, but still didn't have a navigation system. That said, for those in the market for a full-size SUV, Chevrolet's redesigned version is very well done and worthy of a look.



Its fuel economy will seem high if you're accustomed to a smaller crossover, but its published figures are the best of its competitors.

THE CHECKLIST | 2016 CHEVROLET TAHOE

THE BASICS

Type. Four-door, 7- or 8-passenger full-size SUV
Engine (hp/torque). 5.3-litre V8 (355/383)
Transmission. Six-speed automatic
Price. \$52,740 (base), \$68,435 (tested), plus destination



JILL MCINTOSH/FOR METRO; MAIN: COURTESY GM

COOL FEATURES

- Wireless phone charging
- Heated steering wheel
- Heated and cooled front seats
- Rain-sensing wipers
- Adaptive cruise control
- Front collision warning with automatic braking
- Tri-zone automatic climate control

POINTS

- The GMC Yukon and Yukon XL are the mechanical twins to the Tahoe and Suburban, but slightly more upscale and pricier.
- The 5.3-litre V8 uses active fuel management, which shuts off fuel to half the cylinders when full power isn't needed for better efficiency.
- If the lane departure system notices you drifting out of your lane, it vibrates the seat as a warning.

MARKET POSITION

Large SUVs are a niche market, but can be popular with those who need passenger and cargo space while towing boats or trailers. GM and Ford are the only mainstream companies to offer one model in two different lengths.

THE COMPETITION



Ford Expedition
Base price: \$52,399



Dodge Durango
Base price: \$41,895



Toyota Sequoia
Base price: \$54,535

Birchwood
CREDIT SOLUTIONS
A member of the Birchwood Automotive Group

Call or text:
1-204-509-4231

Get on the road to stress-free car ownership
birchwoodcredit.com



Birchwood Credit Solutions.

Credit from someone who cares about your future.

Birchwood Credit Solutions know every little bit helps during the Holiday Season. That's why, once again, we took care of 10 customers' car payments for the month of December!

Come down to one of our three convenient locations so you can start the New Year in a vehicle you deserve, regardless of credit concerns.

Visit one of our three city-wide locations!



1065 Salter Street
Between Leila and Partridge



768 Nairn Avenue
Corner of Chester Street



3965 Portage Avenue
Inside Birchwood Honda West



Former Tampa Bay coach doesn't expect the Steven Stamkos hysteria to die down soon: 'It's big because Stammer's big'

5 CANADIANS TO WATCH IN FINLAND

The world junior hockey championship begins on Saturday with Canada facing the United States in the preliminary round. Here are five Canadian players to keep an eye on starting on Boxing Day:

JAKE VIRTANEN

Right-winger, New Westminster, B.C.

Virtanen rode his success with last year's world junior champions on to the Vancouver Canucks roster, officially making the NHL team on Nov. 1 as a 19-year-old rookie. Since that impressive start to the season he's struggled with one goal and four assists in 19 games. He went scoreless in two games while on a conditioning assignment with the American Hockey League's Utica Comets before joining Canada's junior team. He could be a leader in the Canadian locker-room but also has the opportunity to turn around his season in the NHL.

ANTHONY BEAUVILLIER

Left-winger, Sorel, Que.

One of the youngest players on Canada's roster this year, Beauvillier impressed at selection camp in early December, scoring four times in two games against Canadian university all-stars, including a hat trick. His strong play continued into pre-competition exhibition games. He could be a breakout star of the tournament if his hand stays hot.

BRAYDEN POINT

Centre, Calgary

Point is arguably the best player in the Western Hockey League and a veteran of Canada's 2014 gold-medal junior team. However, he injured his shoulder on Nov. 17, forcing him to miss several games for the Moose Jaw Warriors and wear a non-contact jersey for Canada's selection camp. He played in Canada's pre-competition games but also missed some practices to rest his injury. If he's on the ice he's one of Canada's most dynamic playmakers. If he's injured, Canada will need to scramble to find a distributor of Point's ability.

MASON McDONALD

Goaltender, Halifax

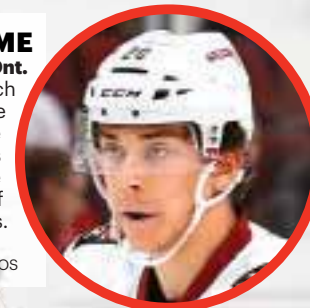
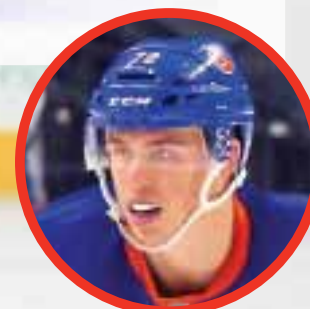
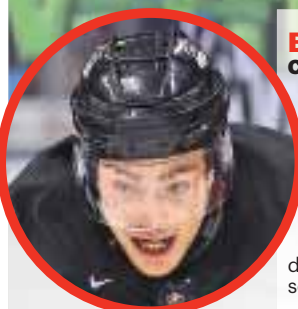
Hockey Canada's original plan was to carry two goaltenders, with Mackenzie Blackwood being the presumptive starter and McDonald keeping him sharp as a skilled backup. That all changed when Blackwood was suspended for eight games by the OHL on Dec. 8. Now Blackwood can't dress for Canada's first two games of the world juniors, putting McDonald between the pipes and last-minute addition Samuel Montembeault on the bench. McDonald, at least against the United States and Denmark, will have all eyes on him.

DYLAN STROME

Centre, Mississauga, Ont.

All the attention has been showered on outspoken winger Mitch Marner ahead of the world junior championship, but Strome will be the centre for Canada's top line at the tournament. The third-overall pick of the 2015 NHL draft, Strome is Canada's most talented player in Helsinki, Finland. How he and longtime friend Marner react to the pressure of the event could decide if Canada will repeat as world champions.

THE CANADIAN PRESS/GETTY IMAGES PHOTOS



In this photo taken Dec. 13, the Panthers' Bene Benwikere swings a bat as he takes the field.

CURTIS COMPTON/ATLANTA JOURNAL-CONSTITUTION VIA THE ASSOCIATED PRESS

NFL

Panthers coach strikes out use of bat

A frustrated Ron Rivera will no longer allow Carolina players to bring baseball bats on the field before games, even though he said the Panthers have done nothing wrong.

The Panthers coach is upset about what he said are untrue reports that some players taunted Giants wide receiver Odell Beckham Jr. with physical threats and homophobic slurs before Sunday's game.

Rivera said Tuesday that the

Panthers wouldn't stand for that kind of behaviour and the team found no evidence it occurred.

When asked if the Panthers hadn't broken any league rules why he made the decision do away with taking the bat on the field, Rivera said, "because I'm going to hear it if I don't."

"That's the truth of the matter," Rivera said. "So to avoid the situation and set of circumstances, let's just eliminate it. So that's what we're going to do. Again, it's the No Fun League for a reason."

Neither the Giants nor Beckham have released any statements accusing the Panthers

of taunting the wide receiver before the game with physical harm or homophobic slurs.

Rivera said homophobic slurs are an important social issue and he doesn't take them lightly.

"If there is something out there that is factual, that there is truth or hard evidence, please present it to us as well so we can act accordingly," Rivera said. "We don't tolerate that here."

THE ASSOCIATED PRESS

“
It's the No Fun League for a reason.
Ron Rivera

RECIPE Roasted Shrimp and Broccoli over Soba Noodles



PHOTO: MAMA YISNIEI

Ceri Marsh & Laura Keogh
For Metro Canada

Skip takeout and whip up this easy noodle dish.

Ready in
Prep time: 25 minutes
Serves 4

- Ingredients**
- 1 x 8 oz package of soba noodles
 - 1 lb large shrimp, peeled and cleaned
 - 1 head of broccoli, trimmed into small florets
 - 4 Tbsp vegetable oil
 - 2 Tbsp sesame oil
 - 2 Tbsp rice wine vinegar
 - 2 Tbsp lemon juice
 - Salt and pepper to taste

- Directions**
1. Preheat the oven to 425 F. Get a big pot of water on to boil.
 2. In a small bowl, mix together your oils, vinegar, lemon juice and a bit of salt and pepper. In a large

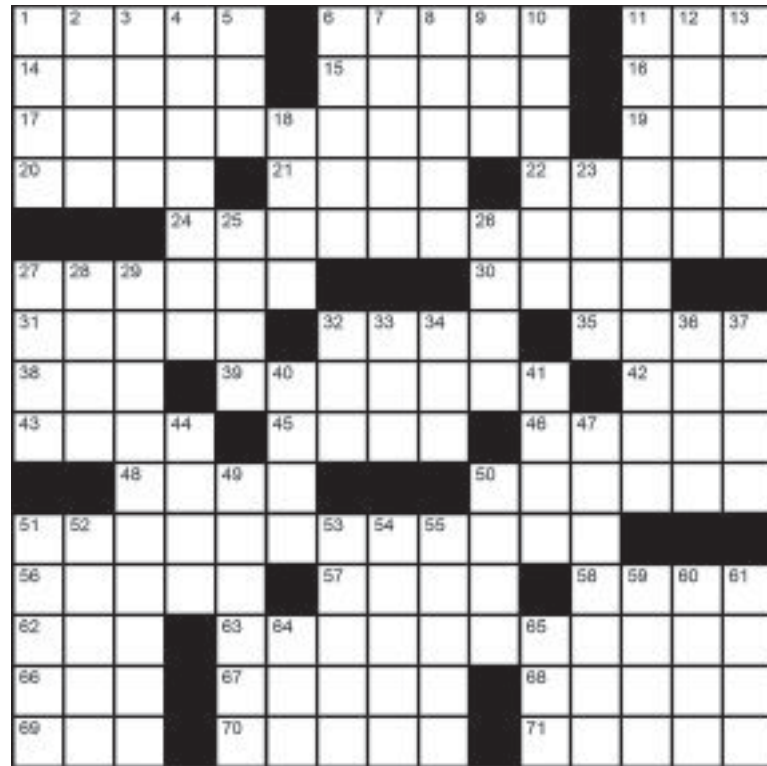
- bowl, toss together your broccoli and half of that marinade. Now spread it out evenly across two baking sheets and pop it in a hot oven for 10 minutes.
3. In that same bowl, toss your shrimp with the other half of the marinade. When the broccoli has been in the oven for 10 minutes, take out the sheets, turn the broccoli over and add the shrimp evenly across the two sheets. Put it all back in the oven for another 10 minutes.
 4. Cook your soba noodles according to package instructions.
 5. In the final 2 or 3 minutes, take the baking sheets out and give everything another stir. In the end the broccoli should be firm but tender and all the shrimp should be opaque and pink.
 6. Drain the soba noodles and turn them out onto a big platter. Spoon the broccoli and shrimp over top. Pour any juices that have accumulated in the pan on top.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

- ACROSS**
1. "Sleigh Ride" bit: "...-up, let's go..."
 6. Nova Scotia island
 11. Month parts [abbr.]
 14. Blazing
 15. Mountain chain
 16. 'Serpent' suffix
 17. Seasonal tune covered by Canadian singer Kim Stockwood: "It's a _ World"
 19. Christmas beverage
 20. 'Kitchen' suffix
 21. Brain wave
 22. Like poodle skirts now
 24. Trendy Christmas fashions: 2 wds.
 27. Progresses
 30. Prod
 31. Surrealist artist Max
 32. Orange juice stuff
 35. "... it about time?"
 38. Stop- _
 39. House levels, variantly
 42. "Gosh!"
 43. Singer on "Do They Know It's Christmas?": Boy George aka George O' _
 45. To the _ (Fully)
 46. 'My Christmas Favorites': Tennessee _ Ford album
 48. Cartoon bear
 50. Scant
 51. "The Twelve Days of Christmas" has eleven: 2 wds.
 56. "I'm dreaming of a white Christ-



mas / Just like the _ _ used to know..." - Irving Berlin

57. Driving 4x4s, commonly
58. Christmas angel spot
62. School org.
63. Resort hills are illuminated for

it: 2 wds.

66. Bother
67. Sports shoe's slip stopper
68. In with
69. Yesses opposites
70. _-totsy
71. Heads: French

- DOWN**
1. Up for it
 2. "... first you don't succeed..."
 3. Soil
 4. #49-Down is based on his book: 2 wds.
 5. Slangy affirmation, variantly
 6. "A Very _ Christ-

mas" (1988 TV movie starring a '70s family sitcom cast)

7. Wheezing noises
8. Bride's new relative
9. Pride
10. Prepare the gift once more
11. Festive tune by

Sarah McLachlan that starts "Lake is frozen over..."

12. Bouillon brand
13. Some lilies
18. Wire diameter measures
23. Needle case
25. Comprehends
26. Catch a glimpse
27. Remain unsettled
28. Jason's craft
29. Rocky Mountain features: 2 wds.
32. Taro root dish
33. Website
34. Permit
36. Film _ (Movie genre)
37. Yoredom's 'you'
40. Not that
41. Visible
44. Performs
47. "Alexander's _ Band" by #56-Across
49. Jim Carrey's 'Mean' 2000 Christmas role
50. Pine for
51. Make a brief visit: 2 wds.
52. Brief beginning
53. Washington's _ Sound
54. "... potential." (House buyer's observation)
55. "Christmas All Over Again" by Tom _ & The Heartbreakers
59. Hilarious human
60. Feminine suffix
61. #19-Across ingredients
64. UN workers agcy.
65. Kit _ (Chocolate treat)

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Go your own way and do your own thing. Don't expect support from others. You'll discover you're better off without them anyway. You know what needs to be done, now do it.

Taurus April 21 - May 21
Your instincts will guide and protect you. Don't be fearful. Anyone who doubts that you can be original will have those doubts silenced. Now is the time to take chances.

Gemini May 22 - June 21
You will give freely of your time and energy today but take care that your generosity is not abused. Sometimes you can be too easy-going for your own good. Give only to those who deserve your help.

Cancer June 22 - July 23
Surprises are likely, so brace yourself for unexpected changes. You may not have much control over what's taking place in your life, but that does not mean you won't enjoy it.

Leo July 24 - Aug. 23
If you're going to take a risk, if you're going to put everything you've gained on the line, now is the time. There is no guarantee you'll win but the odds are definitely in your favour.

Virgo Aug. 24 - Sept. 23
You will go against accepted wisdom today. Deep down you know your way is best, even if the whole world is against you. You will make some outrageous decisions, and each and every one of them will be right!

Libra Sept. 24 - Oct. 23
You will surprise yourself and do something that scares you. You might even make a success of it. But even if you don't you'll still impress people in positions of power.

Scorpio Oct. 24 - Nov. 22
Do what makes you happy, not what makes other people happy. If that makes you unpopular in certain circles, so be it. You might find yourself better off financially without them as well.

Sagittarius Nov. 23 - Dec. 21
You feel inspired to do something out of the ordinary. Whatever it may be, and whatever the reaction, you're sure to make a success of it and you're sure to make money from it.

Capricorn Dec. 22 - Jan. 20
Let your hair down and let others see you are not at all the conservative Capricorn they think you are. Don't worry if you shock certain people. The way to get noticed nowadays is to act just a little bit outrageous.

Aquarius Jan. 21 - Feb. 19
Don't worry if you fall behind in your everyday routine. What matters is that you give some thought to the direction your life is heading. A change of course may be necessary.

Pisces Feb. 20 - March 20
You have to be a bit more adventurous now. If you want to get in other people's good books then do something different, something they would never expect of you.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



Exclusively

DENTURES

Dr. George Cadigan

204-999-8000

235 Colony Square | 500 Portage Avenue

exclusivelydentures@gmail.com

FULL DENTURES

PARTIAL DENTURES

SURGICAL IMMEDIATE DENTURES

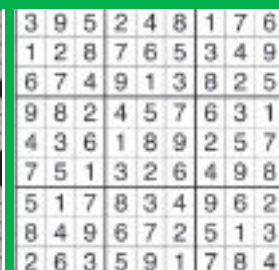
IMPLANT SUPPORTED DENTURES

RELINES AND REPAIRS

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers.

for more fun and games go to
metronews.ca/games



Tell us how you really feel.

Join our online reader panel and help make your Metro even better.
metronews.ca/panel

NIKON D7100 Combo



SAVE \$530!
Only \$999⁹⁹

Combo includes: Body
only Reg. \$979⁹⁹ SKU 33869

NIKON AF-S 18-55mm
Reg. \$249⁹⁹ SKU 22113

NIKON AFS DX 55-200mm VR II
Reg. \$299⁹⁹ SKU 200504

- 24.1 Megapixels
- Fast Autofocus
- Full HD 1080p Video
- Built-in HDR
- Shoot at 6 Frames per Second



NIKON D5300 Combo



SAVE \$400!
Only \$899⁹⁹

Combo includes:

w/ NIKON AF-S 18-55mm
Reg. \$1149⁹⁹ SKU 33884

NIKON AF-S DX 55-300mm
Reg. \$299⁹⁹ SKU 14359

LOWEPRO ADVENTURA* SH120
Reg. \$34⁹⁹ SKU 36864



*May not be exactly as shown

NIKON D3300 Combo



SAVE \$325!
Only \$579⁹⁹

Combo includes:

w/ NIKON AF-S 18-55mm
Reg. \$569⁹⁹ SKU 33879

NIKON AFS DX 55-200mm VR II
Reg. \$299⁹⁹ SKU 200504

LOWEPRO ADVENTURA* SH120
Reg. \$34⁹⁹ SKU 36864

- 24.2 Megapixels
- Fast Autofocus
- Full HD 1080p Video



*May not be exactly as shown

NIKON D7200 DX-SERIES



Body Only

SAVE \$200!
Only \$1199⁹⁹

SKU 33715 Reg. \$1399⁹⁹

w/ AF-S DX 18-140MM
F3.5-5.6G ED VR

SAVE \$250!
Only \$1499⁹⁹

SKU 33901 Reg. \$1749⁹⁹

- 24.2 Megapixels
- Built-in Wi-Fi
- Full HD 1080p Video
- 6 fps Shooting for Up to 100 Frames



NIKON D610 w/24-85MM ED VR KIT



SAVE \$100! Only \$2199⁹⁹
SKU 30736 Reg. \$2299⁹⁹

Experience the passion of Nikon full-frame photography.

- Pro-level Nikon FX-format camera
- Remarkable AF performance with compatibility up to f/8
- Exceptional performance and quality
- Broadcast-quality Full HD video at your fingertips



NIKON COOLPIX P7800



- World-class optics
- Superior low-light performance
- Precise high resolution monitors

SAVE \$150! Only \$399⁹⁹
SKU 36274 Reg. \$549⁹⁹ Limit 2 per Store

NIKON COOLPIX S9900



- Zoom in close with Dynamic Fine Zoom
- Built-in GPS
- Full HD video

SAVE \$70! Only \$279⁹⁹
SKU 32192 Reg. \$349⁹⁹

NIKON D5200 w/18-55 3.5-5.6 VR II KIT



- Vari-angle display, built-in HDR, special effects and filters
- 24.1 MP DX-format
- High-quality Full HD (1080p)

SAVE \$150! Only \$579⁹⁹
SKU 33887 Reg. \$729⁹⁹

NIKON 1 V3 Body only



- 20 fps at full resolution with full autofocus performance.

***FREE! SAVE \$330!**
Nikon Nikkor VR 10-30mm PD Lens
SKU 33670 Reg. \$329⁹⁹

SAVE \$100! Only \$699⁹⁹
SKU 34105 Reg. \$799⁹⁹ Limit 2 per Store

*Free with purchase of Nikon 1 V3

NIKON AF-S FX 20MM F1.8G ED



- Fast ultra-wide-angle lens
- Brilliant low-light performance

SAVE \$139! Only \$759⁹⁹
SKU 200511 Reg. \$898⁹⁹

NIKON AF-S FX 35MM 1.8G ED



- Fast FX-format 35mm prime lens
- Outstanding depth of field control and low-light performance

SAVE \$120! Only \$549⁹⁹
SKU 22151 Reg. \$669⁹⁹

NIKON 1 J5 KIT 10-30MM F3.5-5.6VR



- 20.8 Megapixels
- Full HD 1080p/60p Video
- Built-In Wi-Fi Connectivity with NFC
- Hybrid AF with 105 Phase-Detection Areas

SAVE \$90! Only \$439⁹⁹
Black SKU 34256, Silver SKU 34257 Reg. \$529⁹⁹

NIKON AFS 24-70MM F2.8G ED VR II



SAVE \$400! Only \$2399⁹⁹
SKU 200522 Reg. \$2799⁹⁹

NIKON AFS 70-300 4.5/5.6 G VR



SAVE \$250! Only \$399⁹⁹
SKU 144444 Reg. \$649⁹⁹

CANON EOS 70D w/18-135 3.5-5.6 STM

SAVE \$630!
Only \$1199⁹⁹
SKU 8469016 Reg. \$1649⁹⁹

***FREE!**
CANON EOS ADVANCE
SERIES ACC KIT
SKU 9486004 Reg. \$179⁹⁹

- Shoot Video Like a Camcorder
- 20.2 Megapixel
- Built-in wireless system



*Free with purchase of Canon 70D

CANON POWERSHOT SX410 IS



- 20 Megapixels
- 40x Optical Zoom Lens
- Full HD Video Recording

SAVE \$110! Only \$189⁹⁹
SKU 9545002 Reg. \$299⁹⁹

CANON POWERSHOT G1X MARK II



- 12.8 Megapixels
- 5x Optical Zoom Lens
- Built-In Wi-Fi Connectivity with NFC

SAVE \$100! Only \$699⁹⁹
SKU 9167001 Reg. \$799⁹⁹

Add These Lens to and Rebel or 70D and Save



CANON EF-S 24
F2.8 STM

SAVE \$50! Only \$129⁹⁹
SKU 9522002 Reg. \$179⁹⁹



CANON EF-S
F10-18 F4.5-5.6 IS S

SAVE \$120! Only \$249⁹⁹
SKU 9519002 Reg. \$369⁹⁹



CANON EF 40MM
F2.8 STM

SAVE \$100! Only \$129⁹⁹
SKU 6310002 Reg. \$229⁹⁹



CANON EF-S 55-250MM
F4-5.6 IS STM

SAVE \$230! Only \$149⁹⁹
SKU 8546002 Reg. \$379⁹⁹

CANON EOS 6D w/24-105mm F4 L IS USM KIT

SAVE \$600!
Only \$2199⁹⁹
SKU 8035010 Reg. \$2499⁹⁹

- 20.2 Megapixels Full-Frame
- 11-Point AF
- Full HD Video Recording
- Built-In Wi-Fi and GPS

***FREE!**
CANON BG-E13
BATTERY GRIP
SKU 8038001 Reg. \$299⁹⁹

Body Only
SAVE \$600!
Only \$1599⁹⁹
SKU 8035003
Reg. \$1899⁹⁹



*Free with purchase of Canon 70D

CANON EOS REBEL T5i w/18-135 3.5-5.6 STM & EF40MM F2.8 STM



- 18.0 Megapixels
- STM Lens Support for Quiet AF in Movies
- 3.0" Vari-Angle Touchscreen LCD
- Full HD 1080p Video with Continuous AF
- 9-point All Cross-Type Autofocus

SAVE \$430!
Only \$849⁹⁹
SKU 8595006 Reg. \$989⁹⁹

***FREE!**
CANON SR800 BAG
SKU 2381578 Reg. \$59⁹⁹

CANON SX710



- 20.3 Megapixel
- 30x Optical Zoom Lens
- Built-in Wi-Fi

SAVE \$100! Only \$279⁹⁹
BLACK SKU 10915, RED SKU 10916 Reg. \$379⁹⁹

CANON ELPH 350 HS



- 20.2 Megapixel
- 12x Optical Zoom Lens
- Built-in Wi-Fi

SAVE \$70! Only \$159⁹⁹
SKU 154001 Reg. \$229⁹⁹

CANON EF100 F2.8 MACRO USM



SAVE \$140! Only \$589⁹⁹
SKU 61221 Reg. \$729⁹⁹

CANON EFS 60 F2.8 MACRO USM



SAVE \$90! Only \$469⁹⁹
SKU 284002 Reg. \$559⁹⁹

CANON EOS M3 18-55MM



- 24.2 Megapixels
- Full HD 1080p Video
- Built-In Wi-Fi Connectivity



SAVE \$450!
Only \$749⁹⁹
SKU 6609016 Reg. \$999⁹⁹
***FREE!**
CANON EF-EOS TO
M MOUNT ADAPTER

*Free with purchase of Canon M3

CANON EF 24-70MM F4 L IS USM



SAVE \$470! Only \$849⁹⁹
SKU 6313002 Reg. \$1319⁹⁹

CANON EF70-300MM F4-5.6 IS USM



SAVE \$300! Only \$349⁹⁹
SKU 345002 Reg. \$649⁹⁹

CANON EOS T5 w/18-55mm IS II KIT



- 18 Megapixels
- Full HD 1080p Video
- 3.0" 460k-Dot LCD Monitor



SAVE \$230!
Only \$379⁹⁹ SKU
9126004 Reg. \$579⁹⁹
***FREE!**
FREE CANON
900SR SLING BAG

*Free with purchase of Canon T5